

BELEGUNGSPLAN SOMMER 2019

Stand: 5.4.2019

| | Montag | | | Dienstag | | | Mittwoch | | | Donnerstag | | Freitag | | | Sonntag |
|-------------|--------------------|-------------|-------------|-------------|-----------|-------------|-------------------|-------------|----------|---------------------------------|---------------|--------------------------|-------------|--------|---------------|
| | 1/3 Halle | 2/3 Halle | Empore | 1/3 Halle | 2/3 Halle | Empore | 1/3 Halle | 2/3 Halle | Empore | 1/3 Halle | 2/3 Halle | 1/3 Halle | 2/3 Halle | Empore | |
| 08:00 | | | Wirbelsäule | Schule | | | | | | | Fit i. d. Tag | | | | |
| 09:00 | | | 8.00-9.30 | | | | | | | | 8.00-9.30 | | | | |
| 10:00 | Schule | | | | | | Schule | | | Schule | | | | | |
| 11:00 | | | | | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | | Schule | | | |
| 13:00 | | | | | | | | | | | | | | | |
| 14:00 | | | | | | | | | | | | | | | |
| 15:00-15:30 | Handball | E-Jugend | | | | | Handball | Minis | Ki-Tanz | Schule AG | | KiTu | EK-Tu | | |
| 15:30-16:00 | 15.00-16.30 | | | | | | 15:00-16:30 | | 15-15.45 | | | 15.00-16.00 | 15.00-16.00 | | |
| 16:00-16:30 | | | | Handball | D-Jug.w. | | | | | | | Handball | D-Jug.m. | | |
| 16:30-17:00 | Handball | | | 16.00-17.30 | | | | | | | | 16.00-17.30 | | | |
| 17:00-17:30 | D-Jug.w.+ C-Jug.w. | | | | | | Handball | C-Jug.w. | | | | Leichtathletik bei Regen | | | |
| 17:30-18:00 | 16.30-18.00 | | | Handball | A-Jug.w. | | 17.00-18.30 | | | Handball | C-Jug.m. | Handball | C-Jug.m. | | Frisbee Jug.* |
| 18:00-18:30 | Handball | D-Jug.m. | | 17.30-19.00 | | | | | | 17.30-19.00 | | 17.30-19.00 | | | 17.30-19.00 |
| 18:30-19:00 | 18.00-19.30 | | | | | | Handball | | | | | | | HB TW | |
| 19:00-19:30 | | Fitness- | | Handball | | Aerobic | A-Jug.w.+Damen II | | | Handball | | Handball | TW | | |
| 19:30-20:00 | Tischtennis | Gymnastik | | Herren I | Herren II | und mehr.. | 18.30-20.15 | | | Damen I + Damen II | | 18.00-19.00 | | | Frisbee* |
| 20:00-20:30 | 19.00-23.00 | 19.00-20.30 | | 19.00-20.45 | | 19.15-20.45 | | | | 19.00-20.45 | | Badminton | | | 19.00-22.30 |
| 20:30-21:00 | | Eish./VB | | Handball | Damen I | | | Volleyball | | Handball | | 19.30-23.00 | | | |
| 21:00-21:30 | | 20.30-22.00 | | 20.45-22.15 | | | | 20.15-22.30 | | Herren I + Herren II | | | | | |
| 21:30-22:00 | | | | | | | | | | 20.45-22.15 | | | | | |
| 22:00-22:30 | | | | | | | | | | | | | | | |
| 22:30-23:00 | f. TT Punktspiel | | | | | | | | | *vorb. Punktspiele und Turniere | | | | | |

